52% of respondents report that their medical provider has given them access to their medical information. 52% were offered access to their online medical record by a health care provider or insurer.

Rely on their provider to retrieve health information opposed to accessing it themselves. Preferred to speak with their health care provider instead of using their EHR.

Did not access health information electronically due to security or privacy concerns. Did not access online medical records due to privacy or security concerns.

Have apps on their smartphone or tablet that track health and wellness goals. Have a health or wellness app on their smartphone or tablet.

40% own a tablet 52% own a smartphone 62% own a tablet 79% own a smartphone